

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ZORO

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Eugene Astrid HEADCOACH

Coaches: Van Eylen Thomas

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BACKSTROKE WOMEN 15-16		Heat:4, starttime: 09:04
Heat: 4/5 Lane : 6 Athlete: BOXHO VALENTINE		Q-time: 00:34:55
PB (50m pool): 00:34.55 Woluwe-Saint-Pierre 25/05/2025 PB (25m pool): 00:34.32 SB: no time		
	5 0 M	
PB	00:34.55	
	00:34.55	
		

Coach feedback:

Event number: 3: 50M BUTTERFLY WOMEN 17+		Heat:4, starttime: 09:16
Heat: 4/6 Lane : 3 Athlete: BOXHO ALICE		Q-time: 00:32:03
PB (50m pool): 00:32.03 SportinGenk Park 21/04/2025 PB (25m pool): 00:32.29 SB: no time		
	5 0 M	
PB	00:32.03	
	00:32.03	
		

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 17+		Heat:1, starttime: 09:19
Heat: 1/5 Lane : 5 Athlete: PEELS ZIAN		Q-time: 00:29:70
PB (50m pool): 00:29.70 Aalst 28/06/2025 PB (25m pool): 00:27.50 SB: no time		
	5 0 M	
PB	00:29.70	
	00:29.70	
		

Coach feedback:

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Event number: 4: 50M FREESTYLE MEN 17+		Heat:3, starttime: 09:21
Heat: 3/5 Lane : 4 Athlete: EUGENE FELIX		Q-time: 00:26:33
PB (50m pool): 00:26.33 La Louvi�re 25/05/2025 PB (25m pool): 00:25.68 SB: no time		
	5 0 M	
PB	00:26.33	
	00:26.33	
		

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 15-16		Heat:1, starttime: 09:38
Heat: 1/6 Lane : 5 Athlete: HEBBELINCK SIMON		Q-time: 01:49:02
PB (50m pool): 01:49.02 Wezenberg 05/01/2025 PB (25m pool): 01:34.35 SB: no time		
	5 0 M	1 0 0 M
PB	00:50.48	01:49.02
	00:50.48	00:58.54
		

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 15-16		Heat:2, starttime: 10:03
Heat: 2/6 Lane : 4 Athlete: BOXHO VALENTINE		Q-time: 00:44:21
PB (50m pool): 00:44.21 SportinGenk Park 21/04/2025 PB (25m pool): 00:41.73 SB: no time		
	5 0 M	
PB	00:44.21	
	00:44.21	
		

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 15-16		Heat:1, starttime: 10:09
Heat: 1/5 Lane : 5 Athlete: HEBBELINCK SIMON		Q-time: 00:43:87
PB (50m pool): 00:43.87 Woluwe-Saint-Pierre 25/05/2025 PB (25m pool): no time SB: no time		
	5 0 M	
PB	00:43.87	
	00:43.87	
		

Coach feedback:

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Event number: 12: 50M BACKSTROKE MEN 17+			Heat:3, starttime: 10:23
Heat: 3/6 Lane : 7 Athlete: PEELS ZIAN			Q-time: 00:34:12
PB (50m pool): 00:34.12 Antwerpen 13/07/2025			PB (25m pool): no time SB: no time
	5 0 M		
PB	00:34.12		
	00:34.12		
			

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 17+			Heat:2, starttime: 11:02
Heat: 2/4 Lane : 4 Athlete: BOXHO ALICE			Q-time: 01:05:64
PB (50m pool): 01:05.64 Antwerpen 13/07/2025			PB (25m pool): 01:03.38 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.10	01:05.64	
	00:31.10	00:34.54	
			

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 17+			Heat:2, starttime: 11:09
Heat: 2/4 Lane : 3 Athlete: EUGENE FELIX			Q-time: 01:10:88
PB (50m pool): 01:10.88 Antwerpen 13/07/2025			PB (25m pool): 01:07.94 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.55	01:10.88	
	00:33.55	00:37.33	
			

Coach feedback:

Event number: 17: 50M BUTTERFLY WOMEN 15-16			Heat:5, starttime: 11:20
Heat: 5/8 Lane : 5 Athlete: BOXHO VALENTINE			Q-time: 00:34:83
PB (50m pool): 00:34.83 Olympic Pool Wezenberg, Antwer 30/03/2025			PB (25m pool): 00:32.05 SB: no time
	5 0 M		
PB	00:34.83		
	00:34.83		
			

Coach feedback:

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Event number: 18: 50M BACKSTROKE MEN 15-16		Heat:2, starttime: 11:25
Heat: 2/4 Lane : 1 Athlete: HEBBELINCK SIMON		Q-time: 00:41:81
PB (50m pool): 00:41.81 Wezenberg 05/01/2025 PB (25m pool): 00:37.96 SB: no time		
	5 0 M	
PB	00:41.81	
	00:41.81	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 17+		Heat:2, starttime: 11:31
Heat: 2/5 Lane : 6 Athlete: BOXHO ALICE		Q-time: 00:36:02
PB (50m pool): 00:36.02 Antwerpen 13/07/2025 PB (25m pool): 00:34.38 SB: no time		
	5 0 M	
PB	00:36.02	
	00:36.02	
		

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN 17+		Heat:2, starttime: 11:37
Heat: 2/6 Lane : 4 Athlete: EUGENE FELIX		Q-time: 00:37:33
PB (50m pool): 00:37.33 Wezenberg 05/01/2025 PB (25m pool): 00:35.13 SB: no time		
	5 0 M	
PB	00:37.33	
	00:37.33	
		

Coach feedback: